MARIA DELGADO

Registered Nurse, BSN | Medical-Surgical and Telemetry

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SUMMARY

Registered nurse with 7 years of experience on medical-surgical and telemetry units in a 450-bed teaching hospital. Care for 5–6 patients per shift and work as charge nurse 2 nights per week. Led the unit fall-prevention project, which reduced falls by 31% in 12 months. Multistate RN license; BLS, ACLS, and PCCN certified. Fluent in Spanish.

EXPERIENCE

Registered Nurse, Medical-Surgical/Telemetry (Charge Nurse) — ***Northbrook University Hospital*** Jun 2021–Present

36-bed adult telemetry unit in a 450-bed Level I trauma teaching hospital.

- Care for 5–6 adult patients per 12-hour shift with cardiac, post-surgical, and sepsis diagnoses; monitor telemetry and act on rhythm changes.
- Work as charge nurse 2 nights per week: assign 6–7 RNs and 4 patient care technicians, and coordinate 6–12 admissions and discharges per shift.
- Led a fall-prevention project (hourly rounds, bed alarms, post-fall huddles) that reduced unit falls from 3.2 to 2.2 per 1,000 patient days in 12 months.
- Precepted 9 new graduate nurses through a 12-week orientation; all 9 passed their 90-day competency review.
- Reached 98% compliance on sepsis bundle documentation in quarterly audits, against a unit average of 91%.

Registered Nurse, Medical-Surgical — ***Kestrel Valley Community Hospital*** Jul 2019–May 2021

28-bed medical-surgical unit in a 180-bed community hospital.

- Cared for 6–7 patients per shift, including post-operative orthopedic and general surgery patients.
- Taught discharge medications and wound care with the teach-back method; the unit score for nurse communication (HCAHPS) rose from 76% to 84%.
- Served on the unit practice council and helped rewrite the policy for post-operative pain reassessment.
- Floated to the emergency department and the step-down unit during COVID-19 surges.

EDUCATION

Northbrook State University May 2019

Bachelor of Science in Nursing (BSN)

SKILLS

Clinical:	Telemetry and cardiac rhythm interpretation, Sepsis screening and bundles, IV therapy and blood administration, Post-operative care, Wound care, Fall prevention, Patient and family education
Systems:	Epic (EHR), Pyxis MedStation, Alaris IV pumps
Leadership:	Charge nurse, Preceptor, Unit practice council

CERTIFICATES

Registered Nurse License, Ohio (multistate, NLC, since 2023) Jul 2019

Ohio Board of Nursing

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Progressive Care Certified Nurse (PCCN) Mar 2023
AACN Certification Corporation

Advanced Cardiovascular Life Support (ACLS) Jun 2025
American Heart Association

Basic Life Support (BLS) Jun 2025
American Heart Association

LANGUAGES

English (Native) · Spanish (Fluent)

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