

MARIA DELGADO

Registered Nurse, BSN | Medical-Surgical and Telemetry
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SUMMARY

Registered nurse with 7 years of experience on medical-surgical and telemetry units in a 450-bed teaching hospital. Care for 5–6 patients per shift and work as charge nurse 2 nights per week. Led the unit fall-prevention project, which reduced falls by 31% in 12 months. Multistate RN license; BLS, ACLS, and PCCN certified. Fluent in Spanish.

EXPERIENCE

Registered Nurse, Medical-Surgical/Telemetry (Charge Nurse) — *Northbrook University Hospital* Jun 2021–Present

36-bed adult telemetry unit in a 450-bed Level I trauma teaching hospital.

- Care for 5–6 adult patients per 12-hour shift with cardiac, post-surgical, and sepsis diagnoses; monitor telemetry and act on rhythm changes.
- Work as charge nurse 2 nights per week: assign 6–7 RNs and 4 patient care technicians, and coordinate 6–12 admissions and discharges per shift.
- Led a fall-prevention project (hourly rounds, bed alarms, post-fall huddles) that reduced unit falls from 3.2 to 2.2 per 1,000 patient days in 12 months.
- Precepted 9 new graduate nurses through a 12-week orientation; all 9 passed their 90-day competency review.
- Reached 98% compliance on sepsis bundle documentation in quarterly audits, against a unit average of 91%.

Registered Nurse, Medical-Surgical — *Kestrel Valley Community Hospital* Jul 2019–May 2021

28-bed medical-surgical unit in a 180-bed community hospital.

- Cared for 6–7 patients per shift, including post-operative orthopedic and general surgery patients.
- Taught discharge medications and wound care with the teach-back method; the unit score for nurse communication (HCAHPS) rose from 76% to 84%.
- Served on the unit practice council and helped rewrite the policy for post-operative pain reassessment.
- Floated to the emergency department and the step-down unit during COVID-19 surges.

EDUCATION

Northbrook State University May 2019

Bachelor of Science in Nursing (BSN)

SKILLS

Clinical:	Telemetry and cardiac rhythm interpretation, Sepsis screening and bundles, IV therapy and blood administration, Post-operative care, Wound care, Fall prevention, Patient and family education
Systems:	Epic (EHR), Pyxis MedStation, Alaris IV pumps
Leadership:	Charge nurse, Preceptor, Unit practice council

CERTIFICATES

Registered Nurse License, Ohio (multistate, NLC, since 2023) Jul 2019

Ohio Board of Nursing

Progressive Care Certified Nurse (PCCN)

Mar 2023

*AACN Certification Corporation***Advanced Cardiovascular Life Support (ACLS)**

Jun 2025

*American Heart Association***Basic Life Support (BLS)**

Jun 2025

*American Heart Association***LANGUAGES**

English (Native) · Spanish (Fluent)